Learning Agility
Duration 37 min. 8 sec.
Are you on track with your learning goals, staying sharp and getting ahead? This course explains how to develop and follow a learning plan that is customized to how you learn and your learning goals.


Developing a Learning Mindset
Duration 31 min. 25 sec.
This course shows you how to develop a learning mindset so that learning becomes a habit not a chore. Find your motivation to learn, explore how the brain acquires and retains information, and more!


The Neuroscience of Learning
Duration 1 hr. 4 min.
Tap into your hidden potential! Understand the three—phase model of learning and the secrets to developing neural pathways so that learning sticks. This is a fun and enlightening journal through the learning process.


Creating a Culture of Learning
Duration 1 hr. 13 min.
Discover the roles that everyone in the organization should play in creating a culture of learning. Discusses some obstacles organizations can face in the process and provides strategies and guidelines that help improve the learning culture.


To access the Lynda.com library log in with your UCSB NetID and password at: https://www.learningcenter.ucsb.edu/content/lyndacom